# E-PULSE Newsletter of St. Mark, Ocean Park SEPTEMBER 24, 2023

<u>Induction Service for Reverend Taylor</u> Monday September 25 at 7pm. You are invited to join Bishop John Stevens to celebrate our new ministry together. Light refreshment to follow.

# Readings for Sunday, October 1, the 18th Sunday after Pentecost

Exodus 17:1-7, Psalm 78:1-4, 12-16, Philippians 2:1-13, Matthew 21:23-32

<u>A Lunch Basket for Hungry Children</u> is given today by Joy Prior: "The eyes of your



understanding enlightened: that ye may know what is the hope of his calling, and what the richest of the glory of his inheritance in the saints and what is the exceeding greatness of his power to usward, who believe, according to the working of his mighty power (Ephesians 1:23) which is his body, the fulness of him that filleth all in all.

- Ephesians 1:18-19 KJV Bible,

<u>Today's Flowers for the Altar</u> are dedicated by Roger and Mari Anne Hussen to the Glory of God and in thanksgiving for our family, and our wonderful Parish of St. Mark Ocean Park.

<u>Flowers are also given</u> by Charlie and Isobel Powell to the Glory of God and in Loving Memory of their daughter Janet.

<u>Renovations/Repairs to the Rectory</u> are well on their way and pretty much all volunteer jobs are done. THANKS EVERYONE for your great support!! Saturday there are a few odds 'n ends to complete, and then next Saturday – the 30<sup>th</sup> – we will have one last work bee. If enough workers come we can complete the remaining task in a couple of hours. Hope to see you there.

<u>Greeters/Ushers for the 10am Service</u> – please come to a short meeting with Reverend David on Sunday, October 1 at 12noon. Light lunch will be provided. Please being you questions/comments/concerns.

# Library News

Looking for something light and entertaining? Try **Jen Turano's <u>A Match in the Making.</u>** Gwendolyn Brinley is a companion turned Matchmaker trying to find the perfect wife for the catch of the season. Walter Townsend is finding the constant stream of eligible young ladies most irritating. Will there be wedding bells by the last page?

<u>The flower chart</u> is in need of people to donate flowers, we have some spots for October, but November and December are open. Your donation of flowers brightens up the church for services. Flowers are enjoyed by people who are sick, housebound or celebrating a milestone. You can sign up on the chart in the hall, or by phoning, or emailing me: Kathryn: 778-549-0858 <a href="https://hkmasmith@shaw.ca">hkmasmith@shaw.ca</a>

Would you like to donate to 'The Lunch Basket for Hungry Children?' This provides for lunches to 9 single mothers and 16 children. Please help support these families by choosing a 2023 date on the notice board in the church hall to support these families and have a dedication in the weekly Pulse. The suggested donation of \$70 can be made by e-transfer, at the Donation Station, or by dropping off a cheque in the mailbox at the church office. email or phone Darlene W. or Barb G. with your dedication.

**CELEBRATION OF LIFE** - this Saturday, September 23 at 2pm, for Elizabeth Darbyshire.

# **Looking Ahead for Your Calendar:**

- 1) Monday, September 25 7pm Service The Reverend David Taylor Induction
- 2) Tuesday, September 26 7pm Parish Council Meeting
- 3) Wednesday, September 27 10am Mid-Week celebration of Holy Communion
- 4) Wednesday, September 27 1pm Savvy Seniors gather in the Hall
- 5) Wednesday, September 27 7:30pm Choir Practice
- 6) Thursday, September 28 1pm Pain Management Group meets
- 7) Friday, September 29 4pm Junior Youth Group and 7pm Senior Youth Group
- 8) Saturday, September 30 4pm Messy Church

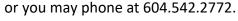


PRAYER

#### THANKSGIVING FOOD DRIVE

The Thanksgiving Food Drive continues. St. Marks Community Outreach has joined the Interfaith Communities of South Surrey in supporting an Annual Thanksgiving Food Drive for the South Surrey Food Bank. If you took a bag home – thanks! You might have noticed that each bag is printed with instructions to "place bag visible from the Street" and "volunteers will pick it up". HOWEVER... we ask that you bring bags of food to the church this Sunday, Sept. 24. There will be no pick up from the street.

<u>Prayer Chain:</u> The Coordinator for the prayer chain is Lynne Hurd at <u>lynneh1@telus.net</u>



AND... <u>Sunday Intercessions</u> – Do you have a request to be included in the Sunday Intercessions? If so, please contact the Office at 604.535.8841 OR Michael Klaver at Tel:778.386.1973 or Email:klaverfamily@shaw.ca

++++++ Prayer Corner September 24, 2023++++++

I have been thinking a great deal about beginnings the past few weeks. My eldest grandchild began pre-school this month, my youngest daughter's best friend took brave steps to embark on a new vocation, my husband began a new exercise routine and my SoulCare group begins again for a new season together this coming Saturday morning. Here at St. Mark's:

- Sarah Autio is initiating many "beginning agains" with our children and youth
- We welcomed our new pastor and enjoyed our first Sunday under his warm leadership. I think what resonated most with me in his first message to us was this:

Beloved is where we begin

## **Contemplate:**

I invite you to spend time this week pondering the beginnings in your personal life and the beginnings God may be calling you to in our church family. Here are some questions to consider with Jesus at your side:

- How am I feeling about these beginnings Hopeful, Anxious, Excited, Enthused, Weary?
- A Mixture of emotions, some that you cannot even name?
- Have I or someone I care about started down a path that is now feeling daunting?
- Am I or they succumbing to grumbling as the Israelites did in the Exodus?
- Is there a beginning that I have long been desiring that I am still waiting for?
- Am I trusting that Christ goes before me & beside me; that The Holy Spirit is within me?

How does knowing that **Beloved is where we begin** informs your musings with The Lord?

What Blessing might God be inviting me to receive or to give?

### Pray:

Here are some words (based on the writings of John O'Donohue in his book "To Bless the Space Between Us") for us to pray this week:

May we live
Compassionate of heart
Clear in word
Humble in spirit
Gracious in awareness
Courageous in thought
Generous in love.

May we place our trust in The Spirit Christ has given to us; May we live and work and have our being from a place of Beloved; May we have eyes to see all that God has created as Beloved.

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Youth and Children Ministries: I would like to invite you all to prayerfully consider giving of your time once a month on a rotating basis to be a facilitator for the Sunday "Footprints to Faith" program or as a Safe Adult in one of our other programs, youth groups or Messy Church. The roles are as follows:

<u>Footprints to Faith program</u>: To facilitate the prepared program (prepared by myself, Sarah, and made available to you via email and hard copy for Sunday morning) to the children grades K to 6. In the education centre down stairs on Sunday mornings during the 10am service.

<u>Youth Group Safe Adult</u>: In this role you would be present during one of the youth gathering times, Fridays between 4-5:30 for Jr youth or 7-9pm for Sr youth. And you would be an active participant in discussions and activities supporting the growth and joy of connection with our youth.

<u>Messy Church</u>: In Messy Church, there are lots of roles to participate in from helping in the kitchen, to prepare and serve dinner for families, to participating in helping with activities and crafts.

All of our roles do require that we observe the Safe Church protocol, which entails modules to be completed online, as well as a CRC through the RCMP.

I would be happy to connect you with our Safe Church leader when you are ready to begin participating in this very exciting ministry, alongside me.

Sincerely, Sarah Autio

# We Live Stream our Sunday Worship



To access our 10 am Sunday online service broadcast go to our Church's website: <a href="http://stmarkbc.org">http://stmarkbc.org</a> On the homepage, you may click on the service picture below: or click on the box "St Mark Online Worship Services". To

watch previous services go to <a href="https://tinyurl.com/St-Mark-Online-Video-Channel">https://tinyurl.com/St-Mark-Online-Video-Channel</a>

# St Mark's Family, Youth and Children's Time Video Ministry - To access our new weekly



online Family, Youth and Children's Time Video go to our Church's website: <a href="http://stmarkbc.org">http://stmarkbc.org</a> On the homepage, you may click on the video picture below, or click on the box "St Mark's Children, Youth and Families Service". To watch previous videos go to <a href="https://tinyurl.com/St-Mark-Online-Video-Channel">https://tinyurl.com/St-Mark-Online-Video-Channel</a>